

# SALAH CUP 2023 nach 5 Läufen

Name	Vorname	Verein	Gender	Gesamt- Punkte	gewertete Läufe	neuer Termin										abgesagt		abgesagt		5 beste Läufe
						Amelinghausen 26.02.2023		Scharnebeck 08.10.2023		Thomasburg 07.05.2023		Hohnstorf 04.06.2023		Heidepokal 20.08.2023		Adendorf 10.09.2023		Gellersen 05.11.2023		
						Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Punkte
<b>Altersklasse WKU12, W 10/11 (Jahrg. 2012 - 2013)</b>																				
<b>Altersklasse WJU14, W 12/13 (Jahrg. 2010 - 2011)</b>																				
<b>Altersklasse WJU16, W 14/15 (Jahrg. 2008 - 2009)</b>																				
<b>Altersklasse WJU18, W 16/17 (Jahrg. 2006 - 2007)</b>																				
Bickel	Charlotte	Green Runners Lüneburg	w	65	3	3	21	3	21	0	0	2	23	0	0	0	0	0	0	65
Dreves	Amelie	Team Hecht-Apotheke	w	48	2	2	23	0	0	1	25	0	0	0	0	0	0	0	0	48
Sawinski	Anouk	LG Lüneburg	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Schulz	Tanya	SV Rosche	w	25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Schulze	Lotta	SchuleMarienau e.V.	w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Wodarz	Mara		w	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Behrens	Nike		w	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Bütow	Isadora		w	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
<b>Altersklasse WJU20, W 18/19 (Jahrg. 2004 - 2005)</b>																				
Otto	Layan		w	67	3	3	21	2	23	0	0	2	23	0	0	0	0	0	0	67
Fornier	Maire		w	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Lindert	Franziska	SFC Harz-Weser e.V. 1982	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Menz	Sandra	Buchholz i. d. N.	w	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Völzke	Swantje	LG Lüneburg	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Wagner	Eva	TuS Brietlingen	w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Flohr	Klara	LG Lüneburg	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
<b>Altersklasse W 20 (Jahrg. 1994 - 2003)</b>																				
Heger	Katrin	Praxis Stadtkoppel	w	64	3	2	23	3	21	0	0	0	0	4	20	0	0	0	0	64
Wannovius	Sophie	Lauftreff TV Uelzen	w	50	2	1	25	0	0	0	0	1	25	0	0	0	0	0	0	50
Bielenberg	Finja		w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Eimann	Janina	Lüneburger SV	w	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Heide	Paula	Lüneburger SV	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Rust	Anica	Lüneburger SV	w	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Stelling	Lilly-Rose		w	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Boehnke	Jennifer	SV Rosche	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Landwehr	Alva-Marie		w	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Rahlfs	Finja		w	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Sulowski	Emilia		w	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Tippe	Vicky	LG Oberelbe	w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Cazco Sosa	Jenifer	LSV	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Görg	Sarah	Wendhausen Runner	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Kröger	Marie		w	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Görg	Sophia	Wendhausen Runner	w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Lucchesi	Tahnee		w	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Peters	Carla	RSC Lüneburg	w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Baldus	Janine		w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Grote	Jana	Landjugend Amelinghausen	w	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Muxfeldt	Antonia		w	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Trefz	Annika		w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Hultsch	Jule		w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Quandt	Janin		w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Hollik	Carolin		w	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Zwinge	Christina		w	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Rüdiger	Jolina		w	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
<b>Altersklasse W 30 (Jahrg. 1989 - 1993)</b>																				
Moldenhauer	Rebecca	Green Runners Lüneburg	w	115	5	2	23	2	23	2	23	2	23	2	23	0	0	0	0	115
Gathen	Lea	Lüneburger SV	w	100	4	1	25	1	25	1	25	1	25	0	0	0	0	0	0	100
Basedau	Frauke	Lüneburg	w	40	2	0	0	0	0	3	21	5	19	0	0	0	0	0	0	40

Drittler	Sina	Team beVegtde	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Hanelt	Lisa		w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Predecki	Lara	Lüneburger SV	w	25	1	0	0	0	0	0	0	0	1	25	0	0	0	25	
Kummer	Laura		w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	23	
Pauck	Vera		w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	23	
Martens	Sina	TuS Hohnstorf	w	21	1	0	0	0	0	0	0	3	21	0	0	0	0	21	
Moritz	Sabrina		w	21	1	0	0	3	21	0	0	0	0	0	0	0	0	21	
Prack	Jasmin	Triathlon Club Bremen	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	21	
Ulbrich	Madeleine	Lüneburger SV	w	21	1	0	0	0	0	0	0	0	0	3	21	0	0	21	
Deutschmann	Jenny		w	20	1	0	0	0	0	0	0	4	20	0	0	0	0	20	
Nothacker	Julia	Lüneburger SV	w	20	1	0	0	0	0	0	0	0	4	20	0	0	0	20	
Thenhausen	Carolin	HIRi GmbH	w	20	1	0	0	0	0	4	20	0	0	0	0	0	0	20	
Wolter	Miriam	MTV Bad Bevensen	w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	20	
Bergmann	Stella		w	19	1	0	0	0	0	5	19	0	0	0	0	0	0	19	
Stange	Kristina	TSV Mechtersen/Vögelsen	w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	19	
Buch	Marina		w	18	1	0	0	0	0	0	0	6	18	0	0	0	0	18	
Wilhelms	Katharina		w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	18	

#### Altersklasse W 35 (Jahrg. 1984 - 1988)

Kositsch	Nelli	MTV Amelinghausen	w	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	125
Kibscholl	Stefanie	TuS Brietlingen	w	98	4	0	0	1	25	1	25	1	25	2	23	0	0	0	98
Duy	Marion	Lauf Fühse	w	44	2	3	21	2	23	0	0	0	0	0	0	0	0	44	
Niedermeyer	Janina (Nina)		w	40	2	5	19	0	0	0	0	0	3	21	0	0	0	40	
Diskowski	Lisa	RSC Lüneburg Triathlon	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	25	
Albrecht	Gesche		w	23	1	0	0	0	0	2	23	0	0	0	0	0	0	23	
Kaumanns	Linda		w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	23	
Wroge, von der	Esther		w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	23	
Heise	Steffi		w	21	1	0	0	3	21	0	0	0	0	0	0	0	0	21	
Albers	Janina		w	20	1	0	0	4	20	0	0	0	0	0	0	0	0	20	
Kohnen	Ramona		w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	20	
Trautmann	Maya	Lüneburg	w	20	1	0	0	0	0	0	0	0	4	20	0	0	0	20	
Dittmar	Jennifer		w	19	1	0	0	5	19	0	0	0	0	0	0	0	0	19	
Drews	Katharina		w	19	1	0	0	0	0	0	0	0	5	19	0	0	0	19	
Last	Maria	RSC Lüneburg Triathlon	w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	18	

#### Altersklasse W 40 (Jahrg. 1979 - 1983)

Behn	Alexandra	Die verrückten Läufer	w	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	125
Gauger	Danica		w	92	4	2	23	2	23	1	25	3	21	0	0	0	0	0	92
Schmidt	Sabrina	Die verrückten Läufer	w	81	4	4	20	0	0	4	20	6	18	2	23	0	0	0	81
Rose	Anja		w	71	3	0	0	1	25	3	21	1	25	0	0	0	0	0	71
Burmeister	Imke	LLH	w	53	3	7	17	0	0	5	19	7	17	0	0	0	0	0	53
Gutheil	Julia		w	42	2	0	0	0	0	2	23	5	19	0	0	0	0	0	42
Diederichs	Kea	RSC Lüneburg Triathlon	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Del Pozo Guzman	Maria Jacinta	Lauftreff Sachsenwald	w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Litfin	Diana	TV Jahn Schneverdingen	w	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Brunk	Nicole	KKSv Wendisch Evern	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Franz	Ingrid		w	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Roßdeutscher	Daniela	MTV-Embsen	w	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	21
Leveknecht	Andrea		w	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	20
Stamer	Katharina	Frauenlauf Bardowick	w	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Verlinden	Julia	Green Runners Lünrburg	w	20	1	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Persiehl-Schultz	Vanessa	Vastorf	w	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	19
Werder	Sandra		w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Buhr	Anja	Heidschnucken	w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Wülpern	Svenja	Lüneburg	w	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	18
Belling	Jeanette		w	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16

#### Altersklasse W 45 (Jahrg. 1974 - 1978)

Witz	Marianne	MTV Amelinghausen LT	w	76	4	9	15	5	19	5	19	0	0	2	23	0	0	0	76
Weiser	Britta	Düvelsbrook Dynamics	w	67	3	2	23	2	23	0	0	3	21	0	0	0	0	0	67

Hartwig	Katja		w	66	3	0	0	2	23	0	0	6	18	1	25	0	0	0	66
Seil	Sandra	Lüneburger Rennschnecken	w	65	3	4	20	0	0	1	25	4	20	0	0	0	0	0	65
Stremme	Katja	TuS Hohnstorf/Elbe	w	50	2	1	25	1	25	0	0	0	0	0	0	0	0	50	
Wermter	Jeanette	Düvelsbrook Dynamics	w	50	2	0	0	1	25	0	0	1	25	0	0	0	0	50	
Franz	Dajana	Sportpark an der Elbe	w	42	2	0	0	0	0	2	23	5	19	0	0	0	0	42	
Friedrichsen	Kati	Donnerstagsschwimmer	w	39	2	5	19	0	0	4	20	0	0	0	0	0	0	39	
Brelie, von der	Christine	kleines Hochdruckgebiet	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	25	
Lüllau	Janina	Blau-Weiss Buchholz	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	23	
Neumann	Claudia	Lauftreff Sachsenwald	w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	23	
Kettenburg	Hannah	MTV Lüneburg	w	21	1	0	0	0	0	3	21	0	0	0	0	0	0	21	
Siemers	Daniela		w	21	1	0	0	3	21	0	0	0	0	0	0	0	0	21	
Wirsching	Katrin	Blau-Weiss Buchholz	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	21	
Zierau	Tabea		w	21	1	0	0	0	0	0	0	0	3	21	0	0	0	21	
Lütkemeier	Antje		w	20	1	0	0	4	20	0	0	0	0	0	0	0	0	20	
Reiser	Cindy	TSV Winsen/Luhe	w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	18	
Dobroch	Johanna		w	17	1	7	17	0	0	0	0	0	0	0	0	0	0	17	
Hayward	Nina		w	17	1	0	0	0	0	0	0	7	17	0	0	0	0	17	
Beise	Sandra		w	16	1	8	16	0	0	0	0	0	0	0	0	0	0	16	
Bethien	Nicole	Lauftreff Sachsenwald	w	16	1	0	0	0	0	0	0	8	16	0	0	0	0	16	
Reese	Jana	VfL Suderburg	w	15	1	0	0	0	0	0	0	9	15	0	0	0	0	15	
<b>Altersklasse W 50 (Jahrg. 1969 - 1973)</b>																			
Rusche	Birgit	VfL Jesteburg	w	69	3	3	21	0	0	1	25	0	0	2	23	0	0	0	69
Werno	Agnes		w	48	2	0	0	1	25	0	0	2	23	0	0	0	0	0	48
Bickel	Nell	womyn on the run	w	46	2	0	0	0	0	1	25	3	21	0	0	0	0	0	46
Paape	Diana	Düvelsbrook Dynamics Lbg.	w	46	2	3	21	0	0	0	0	1	25	0	0	0	0	0	46
Hildebrandt	Michelle, Dr.	Lübecker SC	w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Krafft	Petra		w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Krienke	Uta		w	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Paurat	Mitiam	PSV Grün-Weiß Kassel	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Ahrens	Kristin	TSV Auetal	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Dupont	Sabine		w	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Epley	Anna	SV Kirchboitzen	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Wodarz	Manuela		w	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Kramer	Dörte	SV Teutonia Uelzen	w	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	21
Bach	Eva	Tri-Bandits/TSG Bergedorf	w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20
Stolte	Dagmar	Post SV Uelzen	w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Göricke	Katja		w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Brunckhorst	Sandra	Triathlon Heidekreis	w	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Boldt	Susanne		w	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16
Hultsch	Gritt		w	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15
<b>Altersklasse W 55 (Jahrg. 1964 - 1968)</b>																			
Ritter	Simone	No Meat Athletes	w	100	4	1	25	0	0	1	25	1	25	1	25	0	0	0	100
Staubach	Claudia		w	71	3	2	23	0	0	1	25	2	23	0	0	0	0	0	71
Kachel	Heike	Lauftreff TV Uelzen	w	45	2	4	20	0	0	0	0	1	25	0	0	0	0	0	45
Bergann	Stefanie	Die verrückten Läufer	w	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Lüneborg	Anja	Post SV Uelzen	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Marecki	Maren	Tura Harksheide	w	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Muxfeldt	Anette	Düvelsbrook Dynamics	w	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Schallhorn	Claudia	MTV Himbergen	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Grunert	Susanne		w	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Kunz	Nicola		w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Tegeler	Stefanie	RSC Lüneburg Triathlon	w	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Bechtloff	Katharina	MTV Bad Bevensen	w	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20
Meyo	Franka		w	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Frey	Christiane		w	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Pasch	Carola	Heidschnecken	w	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
<b>Altersklasse W 60 (Jahrg. 1959 - 1963)</b>																			

Brüers	Ute	Lüneburg	w	48	2	0	0	1	25	0	0	2	23	0	0	0	0	0	0	48
Koester	Anke	Schule Marienau e.V.	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Preuß	Christa	Lübecker SC	w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Schick	Sabine		w	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	25	
Thumulla	Franka	SV Kirchboitzen	w	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Twesten	Anette	MTV Treubund Lüneburg	w	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Luhn	Gabi	LT TSV Bienenbüttel	w	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	23	
Stender	Kati	Heidschnucken Heidekreis	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23	
Werner	Bettina	TSV Stelle	w	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Tödter	Petra	LLH	w	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	21	
Weststedt	Susanne		w	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	20	
<b>Altersklasse W 65 (Jahrg. 1954 - 1958)</b>																				
Goldbeck	Margitta	MTV Amelinghausen LT	w	73	3	1	25	0	0	0	0	1	25	2	23	0	0	0	0	73
Saucke	Beate	SV Elbufer	w	73	3	0	0	1	25	2	23	1	25	0	0	0	0	0	0	73
Kieckebusch, von	Cornelia	MTV Treubund Lüneburg	w	50	2	1	25	0	0	1	25	0	0	0	0	0	0	0	0	50
Kohn	Anke	Erdinger Active Team	w	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Stehr	Dorit, Dr.	MTV Amelinghausen	w	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
John	Angelika	Bayrische Laufzeitung	w	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
<b>Altersklasse W 70 (Jahrg. 1949 - 1953)</b>																				
Husmeier	Ursula	MTV Amelinghausen	w	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	0	125
<b>Altersklasse W 75 (Jahrg. 1944 - 1948)</b>																				
<b>Altersklasse W 80 (Jahrg. 1939 - 1943)</b>																				
<b>Altersklasse W 85 (Jahrg. 1934 - 1938)</b>																				
<b>Altersklasse MKU12, M 10/11 (Jahrg. 2012 - 2013)</b>																				
<b>Altersklasse MJU14, M 12/13 (Jahrg. 2010 - 2011)</b>																				
<b>Altersklasse MJU16, M 14/15 (Jahrg. 2008 - 2009)</b>																				
Stöckmann	Jannik	MTV Treubund	m	75	3	1	25	0	0	1	25	0	0	1	25	0	0	0	0	75
<b>Altersklasse MJU18, M 16/17 (Jahrg. 2006 - 2007)</b>																				
Hinsche	Tim	Schule Marienau e.V.	m	48	2	0	0	0	0	1	25	2	23	0	0	0	0	0	0	48
Bräuer	Dominic	VfL Suderburg	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Röhrs	Christopher	Landjugend Amelinghausen	m	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Scheumann	Theo	Lauftreff Sachsenwald	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Emanuel	Viktor		m	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
<b>Altersklasse MJU20, M 18/19 (Jahrg. 2004 - 2005)</b>																				
Neber	Mads		m	73	3	2	23	1	25	0	0	1	25	0	0	0	0	0	0	73
Brandtmann	Henry	Hamburger Aufstiegsrabauken	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Breitschuh	Felix		m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Briegel	Amos		m	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Rechenberg, von	Trutz		m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Beutling	Marvin	Hamburger Aufstiegsrabauken	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Bock	Henrik		m	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Ritter	Justin Max	No Meat Athletes	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Schlüter	Johannes	Hamburger Aufstiegsrabauken	m	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
<b>Altersklasse M20 (Jahrg. 1994 - 2003)</b>																				
Wilken	Niklas	MTV Treubund Lüneburg	m	106	5	4	20	2	23	1	25	3	21	7	17	0	0	0	0	106
Wilken	Tobias	MTV Treubund Lüneburg	m	105	5	3	21	1	25	3	21	2	23	9	15	0	0	0	0	105
Kiehl	Paul	MTV Treubund Lüneburg	m	52	3	0	0	5	19	0	0	5	19	10	14	0	0	0	0	52
Boehnke	Dominik	Lauftreff TV Uelzen	m	45	2	4	20	0	0	0	0	1	25	0	0	0	0	0	0	45
Drawe	Nils	TuS Hohnstorf Basketball	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Meier	Nils-Hendrik	Lüneburger SV	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Nimz	Finn		m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Schöfisch	Lasse	RSC Lüneburg	m	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Timm	Fynn	LG Nordheide	m	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Anders	Lucas		m	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Bürger	Dan	LaufTalente.de	m	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23

Dinkelmeyer	Fabio	SV super Lilli	m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Fuhrhop	Tim		m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Garcia	Ricardo	Schule Marienau e.V.	m	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Cassens	Enno		m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Dietrich	Mattis	Lüneburger SV	m	21	1	0	0	0	0	0	0	0	0	3	21	0	0	0	21
Schulz	Daniel	KKS Bavendorf	m	21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Zander	Jonathan		m	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Grebener	Jann	Lüneburger SV	m	20	1	0	0	0	0	0	0	0	0	4	20	0	0	0	20
Groth	Jan-Kieran		m	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	20
Krinke	Martin	DvGU Magdeburg	m	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Treichel	Lucas		m	20	1	0	0	0	4	20	0	0	0	0	0	0	0	0	20
Bornholdt	Julius		m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Meyer	Daniel	Lüneburger SV	m	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Schlüter	Kai		m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Teichler	Janis		m	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	19
Cassier	Andre	Landjugend Amelinghausen	m	18	1	0	0	0	0	0	0	0	0	6	18	0	0	0	18
Kunz	Steffen	1. L(S)äufer Club Ilmenau	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Schütze	Florian		m	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	18
Spiwek	Aaron		m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Sternbach	Matthias		m	18	1	0	0	0	0	6	18	0	0	0	0	0	0	0	18
Abdel Nabi	Aaron	Schule Marienau e.V.	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Niemann	Tjark	Schule Marienau e.V.	m	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Rieckmann	Nikolai		m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Dau	Brian Rene	1. L(S)äufer Club Ilmenau	m	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16
Hommel	Julius	Landjugend Amelinghausen	m	16	1	0	0	0	0	0	0	0	0	8	16	0	0	0	16
Kreft	Kilian		m	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16
Wortmann	Mats	1. L(S)äufer Club Ilmenau	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15
Heise	Benjamin	MTV Amelinghausen	m	13	1	0	0	0	0	0	0	0	0	11	13	0	0	0	13
Kluike	Maurice		m	12	1	0	0	0	0	0	0	0	0	12	12	0	0	0	12
Vogt	Jonas	Landjugend Amelinghausen	m	11	1	0	0	0	0	0	0	0	0	13	11	0	0	0	11
Maschine, Die	Husaifa	Kraftsport Lüneburg	m	10	1	0	0	0	0	0	0	0	0	14	10	0	0	0	10
<b>Altersklasse M 30 (Jahrg. 1989 - 1993)</b>																			
Kleineberg	Christoph	SV Ilmenau	m	84	5	10	14	6	18	6	18	6	18	8	16	0	0	0	84
Thenhausen	Christian	HiRi GmbH	m	58	3	5	19	4	20	5	19	0	0	0	0	0	0	0	58
Bockelmann	Leo	Lüneburger SV	m	50	2	1	25	0	0	0	0	0	0	1	25	0	0	0	50
Gohar	Ahmed		m	44	2	3	21	0	0	2	23	0	0	0	0	0	0	0	44
Plato	Matthias	Lüneburg	m	41	2	4	20	0	0	3	21	0	0	0	0	0	0	0	41
Großmann	Marco Uwe	Heidestrandläufer	m	37	2	8	16	0	0	0	0	3	21	0	0	0	0	0	37
Lipka	Julien		m	36	2	0	0	5	19	0	0	0	0	7	17	0	0	0	36
Engel	Simon		m	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Henke	Philipp	Schwarzenbeck Tierheim	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Jähn	Tobias		m	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Manukjan	Varik	TuS Hohnstorf Basketball	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Merz	Hendrik		m	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Moorstein	Frederik	RSC Lüneburg Triathlon	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Schulz	Florian	Bonese	m	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Banse	Marcel		m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Haul	Sebastian	Lüneburger SV	m	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	23
Jansen	Hendrik		m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Schütt	Jannik	LT Haspa Marathon Hamburg	m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Wardropper	Geoffrey Matthew		m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Wiederhold	Andreas		m	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Drittler	Lukas	Team beVegt.de	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Kanies	Tom		m	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Noltensmeier	Julian		m	21	1	0	0	0	0	0	0	0	0	3	21	0	0	0	21

Feye	Lukas		m	20	1	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Hintze	Marcel	TuS Hohnstorf Basketball	m	20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Mohr	Björn		m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20
Schumann	Sebastian		m	20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	20
Liegmann	Paul		m	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Meister	Moritz	Green Runners Lüneburg	m	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Siegmund	Birk		m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Battermann	Jann		m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Voß	Timo	Kraftsportakademie Nord UG	m	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Witte	Mathias	1. L(S)äufer Club Ilmenau	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Badorreck	Oliver		m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Drechsler	Jan	1. L(S)äufer Club Ilmenau	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15
<b>Altersklasse M 35 (Jahrg. 1984 - 1988)</b>																			
Zemke	Dirk	Düvelsbrook Dynamics	m	111	5	6	18	2	23	1	25	1	25	4	20	0	0	0	111
Peutz	Dennis		m	79	4	7	17	0	0	2	23	4	20	5	19	0	0	0	79
Wall	Sven Ole	Lüneburger SV	m	75	3	0	0	1	25	1	25	1	25	0	0	0	0	0	75
Schröder	Felix	Dreckspatzen	m	54	3	10	14	0	0	3	21	5	19	0	0	0	0	0	54
Pormann	Daniel	Heidestrandläufer	m	51	3	11	13	0	0	4	20	6	18	0	0	0	0	0	51
Diskowski	Christian	Team Cimalp	m	46	2	2	23	0	0	0	0	2	23	0	0	0	0	0	46
Ludewig	Fritjof	RIG Freiburg	m	44	2	2	23	0	0	0	0	0	3	21	0	0	0	0	44
Kuri	Abdahrman	ESV Lüneburg	m	41	2	8	16	1	25	0	0	0	0	0	0	0	0	0	41
Schirmer	Kai	ASG Teutoburger Wald	m	41	2	6	18	2	23	0	0	0	0	0	0	0	0	0	41
Kortland	Malte	Barendorf	m	40	2	0	0	0	0	5	19	3	21	0	0	0	0	0	40
Stange	Martin	TSV Mechtersen/Vögelsen	m	40	2	5	19	0	0	0	0	3	21	0	0	0	0	0	40
Matthäi	Adrian	Schule Marienau e.V.	m	39	2	8	16	0	0	2	23	0	0	0	0	0	0	0	39
Bergmann	Michael		m	35	2	10	14	0	0	3	21	0	0	0	0	0	0	0	35
Reimer	Nils	HiRi GmbH	m	34	2	0	0	8	16	6	18	0	0	0	0	0	0	0	34
Krienke-Röing	Jan		m	32	2	0	0	0	0	7	17	9	15	0	0	0	0	0	32
Bösch	Daniel	MTV Luhdorf/Roydorf	m	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Plath	Robert	Team flott	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Sommerfeld	Stephan	TriAblitz	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Jeran	Marcus	TuS Hohnstorf	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Lauterschlag	Dennis	Lüneburger SV	m	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Ficks	Arne		m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Jülich	Patrick		m	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Leppel	Christopher	SV Wendisch Evern	m	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Malec	Jan	LG Braunschweig	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21
Brown	Jeffrey		m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20
Brzoska	Norman		m	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Leibold	Florian	TSV Schwarzenbeck	m	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	20
Sartorti	Christian		m	20	2	16	8	0	0	0	0	0	12	12	0	0	0	0	20
Spiegel	Lars		m	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Weiss	Dennis		m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20
Jenckel	Daniel	MC5	m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19
Skusa	Severin	SSV Schnakenbeck	m	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Wagner	Alexander		m	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	19
Börner	Romano		m	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	18
Filor	Niklas		m	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Fischer	Markus	RSC Lüneburg Triathlon	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Hoffmann	Dominic	VfL Suderburg	m	17	1	0	0	0	0	0	0	0	7	17	0	0	0	0	17
Maier	Daniel	Lüneburger SV	m	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Zierath	Stefan		m	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	17
Drescher	Felix	Kampfsportakademie Nord UG	m	16	1	0	0	0	0	0	0	0	8	16	0	0	0	0	16
Tödter	Vincent	LLH	m	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	16
Herz	Henning		m	15	1	0	0	0	0	0	0	0	9	15	0	0	0	0	15







Heinrich	Mike	Dömitz	m	44	2	0	0	0	0	1	25	5	19	0	0	0	0	0	0	44
Mohr	Axel	MTV Obermarschacht	m	44	2	0	0	0	0	0	0	3	21	2	23	0	0	0	0	44
Düffert	Mark	Lüneburger Rennschnecken	m	41	4	20	4	0	0	8	16	13	11	14	10	0	0	0	0	41
Jacob	Arne	LT TSV Bienenbüttel	m	41	2	4	20	0	0	3	21	0	0	0	0	0	0	0	0	41
Hecht	Armin	Team Hecht Apotheke	m	35	2	8	16	0	0	5	19	0	0	0	0	0	0	0	0	35
Kühnert	Jörg		m	34	2	0	0	3	21	0	0	11	13	0	0	0	0	0	0	34
Rüter	Mark	Amelinghausen-Wetzen	m	33	3	22	3	5	19	0	0	0	0	13	11	0	0	0	0	33
Dreves	Jens	Team Hechtapotheke Jesteburg	m	30	2	14	10	0	0	4	20	0	0	0	0	0	0	0	0	30
Flechtner	Thomas	Bockelsberg Rangers	m	28	2	12	12	0	0	0	0	0	0	8	16	0	0	0	0	28
Langfeld	Peter		m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Lehmann	Marko	Post SV Uelzen	m	25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Völkening	Karsten	SVE Hiddestorf	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Hofhammer	Sven		m	23	2	19	5	0	0	6	18	0	0	0	0	0	0	0	0	23
Mohle	Karsten	TSV Stelle	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Seik	Matthias	VfL Bleckede	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Sieker	Frank		m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Witt	Matthias	Power & Pace	m	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Hahnemann	Daniel	LLH	m	22	2	18	6	0	0	0	0	8	16	0	0	0	0	0	0	22
Hamp	Detlef	Melbeck Sporties	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Römer	Steffen	Tri-Bandits/TSG Bergedorf	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Jenß	Ole	LG Oberelbe	m	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Märtens	Michael	SVE Hiddestorf	m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Ryll	Jens	LT TSV Bienenbüttel	m	20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	20
Funke	Andreas	MTV Amelinghausen	m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Kramer	Peter	SV Teutonia Uelzen	m	19	1	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Thomas-Schuman	Jochen		m	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	19
Grimm	Björn		m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Niebuhr	Bernd	ILT Bode	m	18	1	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Schmitt-Fahnert	Tassilo	Laufteam Bundeswehr	m	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	18
Studt	Oliver	Büchen Siebeneichener SV	m	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Temmen	Alexander	Triathlon Team Lüneburg	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Bahlmann	Olav		m	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Brunckhorst	Mario	Triathlon Heidekreis	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Kleinlein	Jörn	MTV Amelinghausen	m	17	1	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17
Reppnack	Ingo	TSV Bienenbüttel	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Wilbrecht	Thomas	MTV Amelinghausen LT	m	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
Wodarz	Thorsten	Lüneburg	m	16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	0	16
Lexau	Christian	BSG Hamburg 50Hertz	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Paape	Jens	Düvelsbrook Dynamics	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Wendland	Jörn		m	15	1	0	0	0	0	0	0	0	0	9	15	0	0	0	0	15
Bereit	Frank	TuS Schwinde	m	14	1	0	0	0	0	0	0	10	14	0	0	0	0	0	0	14
Cordes	Christian		m	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Peter	Frank	MTV Soltau	m	14	1	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Weber	Jörg	SC Hemmingen Westerfeld	m	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Stelter	Sven		m	13	1	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13
Völker	Claudius		m	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Klimmek	Bodo	TuS Hohnstorf	m	12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	12
Kohrs	Ingo	SSV Wardböhmen	m	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	11
Schultz	Ronald		m	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	9
Glasneck	Gunnar		m	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	8
Godau	Gerrit		m	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	7
Görg	Ingrid	Wendhausen runner	m	3	1	25	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Peters	Bernd	SV Eintracht Lüneburg	m	3	1	24	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Werder	Mike		m	3	1	23	3	0	0	0	0	0	0	0	0	0	0	0	0	3

Schulze	Martin		m	100	4	0	0	1	25	1	25	1	25	1	25	0	0	0	0	100
Hacker	Hartmut	der Dahlenburger Ford-Service	m	84	4	0	0	1	25	4	20	3	21	6	18	0	0	0	0	84
Meyer	Norbert	Vastorf	m	76	4	0	0	5	19	4	20	3	21	8	16	0	0	0	0	76
Brüers	Jens	Lüneburg	m	62	3	5	19	4	20	0	0	2	23	0	0	0	0	0	0	62
Wilsdorf	Torsten	Lüneburg	m	62	3	8	16	2	23	2	23	0	0	0	0	0	0	0	0	62
Schäfer	Dirk	TSV Adendorf	m	60	3	5	19	0	0	3	21	4	20	0	0	0	0	0	0	60
Suhm	Michael	TSV Bienenbüttel	m	57	3	11	13	3	21	2	23	0	0	0	0	0	0	0	0	57
Huber	Stefan, Dr.	Praxis Stadtkoppel	m	52	3	0	0	0	0	5	19	5	19	10	14	0	0	0	0	52
Stark	Stefan	Düvelsbrook Dynamics	m	44	2	3	21	0	0	0	0	2	23	0	0	0	0	0	0	44
Wenck	Christian	Donnerstagsschwimmer	m	37	2	8	16	0	0	3	21	0	0	0	0	0	0	0	0	37
Sander	Carsten		m	31	2	0	0	6	18	0	0	0	0	11	13	0	0	0	0	31
Weiss	Gerhard	KS Lüneburg	m	31	2	10	14	0	0	0	0	0	0	7	17	0	0	0	0	31
Moritz	Ulrich	LG Oberelbe	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Remé	Roman		m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Romanski	Jürgen	SV Rosche	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Schwinge	Bernd	Bad Bevensen	m	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Breitschuh	Albrecht		m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Pfitzmann	Michael	Inselrunners	m	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Schrell	Torsten	TSV Adendorf	m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Wrigge	Heiko	MTV Soltau	m	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Hinze	Ulf	VfL Langendorf	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Ploskowski	Piotr	KBKS Radomsko	m	21	1	0	0	0	0	0	0	0	0	3	21	0	0	0	0	21
Boddenberg	Christian	TSV Gellersen	m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Fischer von Mollat	Dirk		m	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Horschel	Ronald		m	20	1	0	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Neber	Sascha	Adendorf	m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Oetzmann	Mario		m	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	19
Peters	Werner	Kykladenradler	m	19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	19
Schaiger	Harved	Eintracht Munster	m	19	1	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Jarmer	Dirk		m	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Rooseboom	Markus	BSG DZ HYP	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Wirth	Jürgen	LG Vogtland	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Böttcher	Maik	SSV Schnakenbek	m	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	17
Heilmann	Dirk		m	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Menge	René Ralf	Adendorf	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Pohnke	Jan	LG Brunsberg	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Heyenga	Jens		m	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	16
Le-Van-Quyen	Michel		m	16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	0	16
Grolms	Andreas		m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Jankowski	Ecky	SVE Hiddestorf	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Quyen, van	Le	Geesthacht	m	15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Umack	Jan		m	15	1	0	0	0	0	0	0	0	0	9	15	0	0	0	0	15
Liedtke	Dirk	SV Kirchboitzen	m	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Otte	Carsten		m	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Emanuel	Axel		m	12	1	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12
Grempler	Wolfgang	Lauftreff TV Uelzen	m	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Münster	Henning	Barendorf	m	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Labuj	Rüdiger	Glückstadt	m	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	11
Schlademann	Fred		m	10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	10
Erwin	Wolfgang	Heidschnucken	m	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	9
Zimmermann	Jan		m	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	8
<b>Altersklasse M 60 (Jahrg. 1959 - 1963)</b>																				
Boysen	Peter	TSV Bienenbüttel	m	123	5	2	23	1	25	1	25	1	25	1	25	0	0	0	0	123
Bausch	Stefan	Erdinger Active Team	m	119	5	2	23	1	25	2	23	1	25	2	23	0	0	0	0	119
Erdtmann	Knut	TuS Hohnstorf	m	101	5	9	15	3	21	3	21	2	23	3	21	0	0	0	0	101

Gerzmann	Jörg-Friedrich	SV Ilmenau	m	83	4	6	18	0	0	1	25	3	21	5	19	0	0	0	0	83
Tempel	Holger	Green Runners Lüneburg	m	56	3	0	0	8	16	0	0	4	20	4	20	0	0	0	0	56
Kuchenbuch	Peter		m	33	2	8	16	7	17	0	0	0	0	0	0	0	0	0	33	
Hackert	Stefan		m	32	2	0	0	9	15	0	0	7	17	0	0	0	0	0	32	
Bechtloff	Rainer	MTV Bad Bevensen	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Wandt	Matthias	BSG DZ HYP	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Ehrler	Jens	Düvelsbrook Dynamics	m	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23	
Paschold	Rüdiger		m	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	23	
Sternbach-Stark	Norbert		m	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	23	
Hein	Guido	TuS Barendorf	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21	
Wünnecke	Fridhelm	Team Erdinger	m	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21	
Grosche	Oliver	Grosche Werbung	m	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	20	
Minte	Christian	Lüneburger Rennschnecken	m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20	
Schrör	Theodor		m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20	
Bardtke	Norbert		m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19	
Gieseler	Olaf	Brietlingen	m	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	19	
Görg	Ulrich	Wendhausen runner	m	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19	
Schumacher	Hartmut		m	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	19	
Lühr	Frank		m	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	18	
Nowak	Andreas	Team Nowaken	m	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	18	
Schilla	Henning	Lauftreff TV Uelzen	m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18	
Stolze	Olaf	De Hunnenhoff	m	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	18	
Eilmann	Hans-Wilhelm		m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17	
Quentin	Jörg	TSV Bienenbüttel	m	17	1	0	0	0	0	0	0	0	7	17	0	0	0	0	17	
Ingenhaag	Gottfried	VfL Jesteburg	m	16	1	0	0	0	0	0	0	0	8	16	0	0	0	0	16	
Oldenburg	Jens	Artlenburg	m	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	14	
Neumuth	Ingo	LT Hohnstorf	m	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	13	
<b>Altersklasse M 65 (Jahrg. 1954 - 1958)</b>																				
Turau	Volker	LG Brunsberg	m	92	4	3	21	0	0	1	25	2	23	2	23	0	0	0	0	92
Paul	Reiner	MTV Treubund Lüneburg	m	64	3	0	0	0	0	2	23	4	20	3	21	0	0	0	0	64
Komorski, von	Norbert		m	44	2	5	19	0	0	0	0	1	25	0	0	0	0	0	44	
Hildebrandt	Ernst	Adendorf	m	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	25	
Klaer	Welf-Heinrich	TV Jahn Schneverdingen	m	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	25	
Leder	Rainhard	Uelzen	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Wiechert	Reimund	Gross Hansdorf	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Pardeike	Wolfgang	Emersleben-Halberstadt	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Schalk	Ralf	Herakliden-Team	m	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	23	
Wiebe	Thomas	Lüneburger SK	m	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	21	
George	Ivor	No Meat Athletes	m	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20	
Fietkau	Uwe		m	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18	
Düngefeld	Rolf	LT TSV Gellersen	m	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17	
Wiese	Horst		m	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16	
John	Dietmar	Bayrische Laufzeitung	m	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15	
<b>Altersklasse M 70 (Jahrg. 1949 - 1953)</b>																				
Knaack	Juergen	LT Reinbek	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Rempel	Volker		m	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	25	
Schröder	Wilfried	LT Bienenbüttel	m	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Koop	Manfred	SG Geesthacht	m	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	21	
Wolf	Hans-Günter	ULV Wolfsburg	m	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	20	
<b>Altersklasse M 75 (Jahrg. 1944 - 1948)</b>																				
Vogt	Hartmut	TuS Neudorf-Platendorf	m	100	4	1	25	1	25	1	25	0	0	1	25	0	0	0	0	100
Jansen	Norbert	TSV Adendorf	m	46	2	0	0	2	23	0	0	0	2	23	0	0	0	0	46	
Maas	Gerd	TGH	m	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Wendel	Nikolaus	TuS Bergen	m	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Gewald	Hans-Joachim	MTV Amelinghausen	m	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	21	

Altersklasse M 80 (Jahrg. 1939 - 1943)																				
Vorrath	Wilhelm		m	96	4	0	0	2	23	1	25	2	23	1	25	0	0	0	0	96
Dietrich	Peter	LG HNF Hamburg	m	50	2	0	0	1	25	0	0	1	25	0	0	0	0	0	0	50
Altersklasse M 85 (Jahrg. 1934 - 1938)																				
Holle	Wilhelm	TSV Adendorf	m	100	4	1	25	0	0	1	25	1	25	1	25	0	0	0	0	100